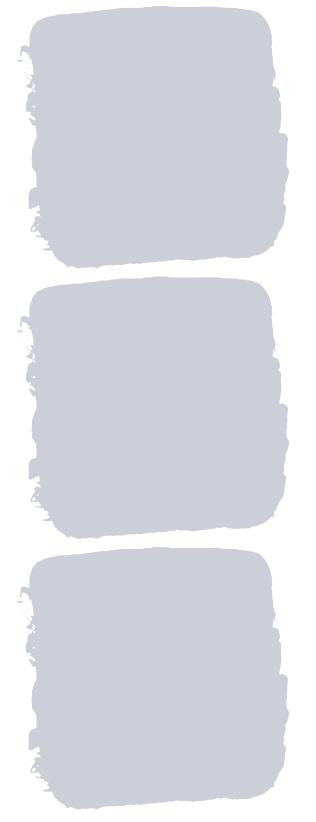
# YEAR END REVIEW

Colora and

## WHAT DID YOU DO WELL THIS YEAR? NAME YOUR GREATEST SUCCESS


### REFLECT ON YOUR SUCCESSES AND PINPOINT THREE REASONS BEHIND THEM. Did You Have A Mentor? Attend a conference? Enroll in a course?



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# CAN YOU THINK OF A MISTAKE, PROBLEM OR FLOP THAT OCCURRED THIS PAST YEAR?

What did you learn	How can you avoid
from it?	repeating it next year?

IN WHAT WAY DID YOU TAKE A RISK IN YOUR CAREER OR BUSINESS? DID IT PAY OFF? IF THINGS DIDN'T TURN OUT AS PLANNED, DO YOU REGRET TAKING THAT RISK?



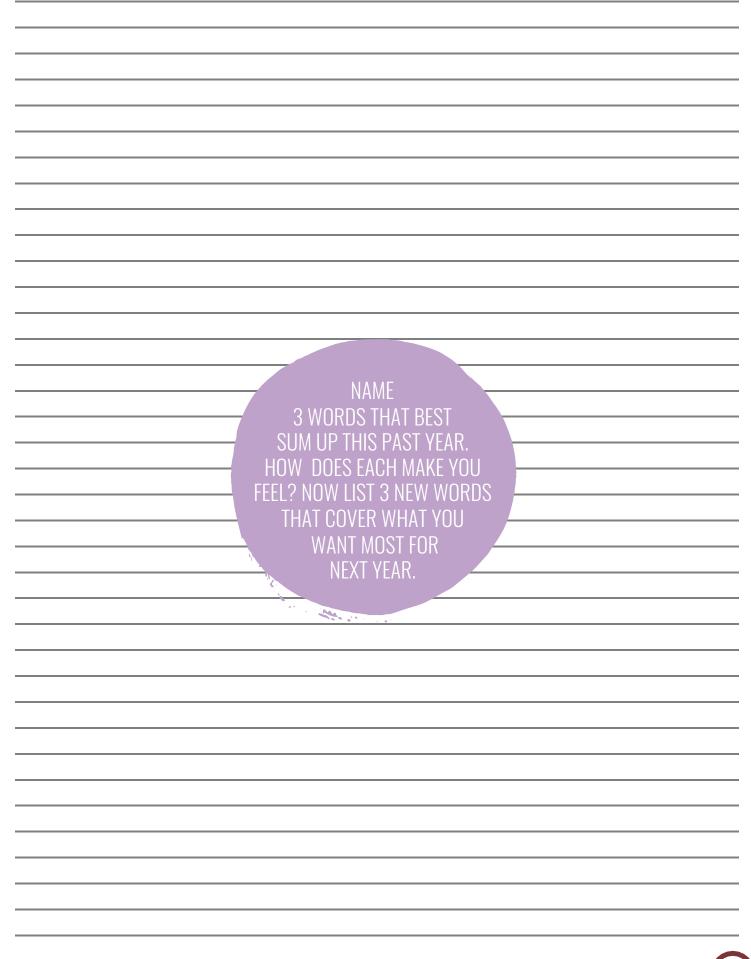
HOW CAN YOU BE MORE STRATEGIC IN CREATING MORE SUCCESSFUL RISK-TAKING VENTURES NEXT YEAR? IT'S IMPORTANT TO CONSIDER RETURN ON INVESTMENT AND TO DO SOME RISK ASSESSMENT BEFORE MAKING ANY DECISIONS.

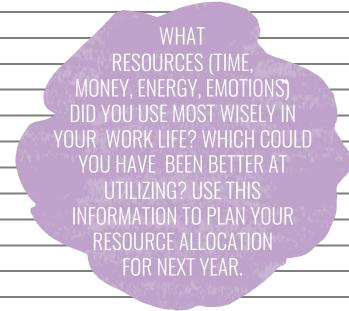



# WHAT SPECIFIC SKILLS DID YOU LEARN THIS YEAR? DID YOU USE THEM OR DO YOU HAVE PLANS TO PUT THEM INTO PRACTICE NEXT YEAR?

A THE A THE AREA

DO YOU HAVE ANY LOOSE ENDS OR UNFINISHED BUSINESS YOU WANT TO TAKE CARE OF BY YEAR'S END? HOW CAN YOU TAKE CARE OF THESE THINGS IN ORDER TO START THE YEAR OFF ON A STRONG FOOTING?





WHAT DID YOU LEARN ABOUT YOURSELF THIS YEAR? . . IS THERE A QUALITY OR TALENT YOU DIDN'T REALIZE YOU HAD BEFORE? IN WHAT WAY CAN THIS NEWFOUND KNOWLEDGE HELP YOU IN THE FUTURE?

### WHAT IS THE GREATEST PERSONAL OR RELATIONSHIP GOAL YOU ACHIEVED THIS YEAR? WHAT MADE IT GREAT, AND WHY DID THIS PARTICULAR ACCOMPLISHMENT COME TO MIND?

### HOW DO YOU FEEL ABOUT THIS PARTICULAR SUCCESS?

HOW CAN YOU USE THESE FEELINGS TO HELP YOU CREATE A SIMILARLY LIFE-CHANGING GOAL FOR NEXT YEAR?

# WHAT WAS THE MOST FUN YOU HAD THIS YEAR?



### DO YOU HAVE A MAJOR PERSONAL REGRET FOR THIS YEAR?

CAN YOU RESOLVE IT? IF NOT, HOW DO YOU THINK YOU CAN AVOID SUCH FEELINGS OF REGRET IN THE COMING YEAR?

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### IN WHAT WAYS DID YOU SPLURGE ON YOURSELF THIS YEAR?

## DO YOU FEEL SATISFIED WITH THOSE THINGS?



#### LET'S EXAMINE

YOUR HABITS. DID YOU DEVELOP A NEW, POSITIVE HABIT THIS YEAR THAT YOU'D LIKE TO KEEP? WHAT'S YOUR WORST HABIT FROM THIS YEAR THAT YOU PLAN TO DITCH IN THE FUTURE? HOW WILL YOU MAKE THAT HAPPEN?

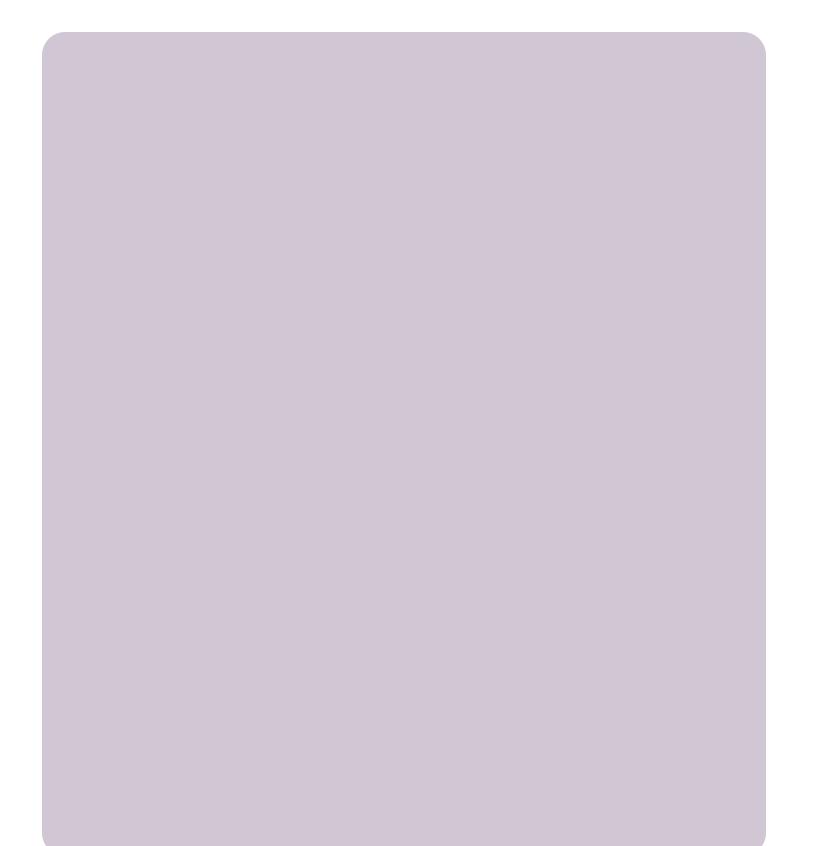
### 

#### NAME SOME WAYS IN WHICH YOU FEEL YOU'VE GROWN THIS YEAR. SPIRITUALLY, EMOTIONALLY, RELATIONSHIP-WISE, ETC. HOW CAN YOU CONTINUE OR IMPROVE SUCH GROWTH?



WHO HAD THE BIGGEST IMPACT OR PLAYED THE MOST IMPORTANT ROLE IN YOUR PERSONAL LIFE THIS YEAR? IF THAT PERSON WAS YOU, ARE YOU SATISFIED WITH THAT OR WOULD YOU LIKE TO STRENGTHEN YOUR INTERPERSONAL CONNECTIONS IN THE UPCOMING YEAR?

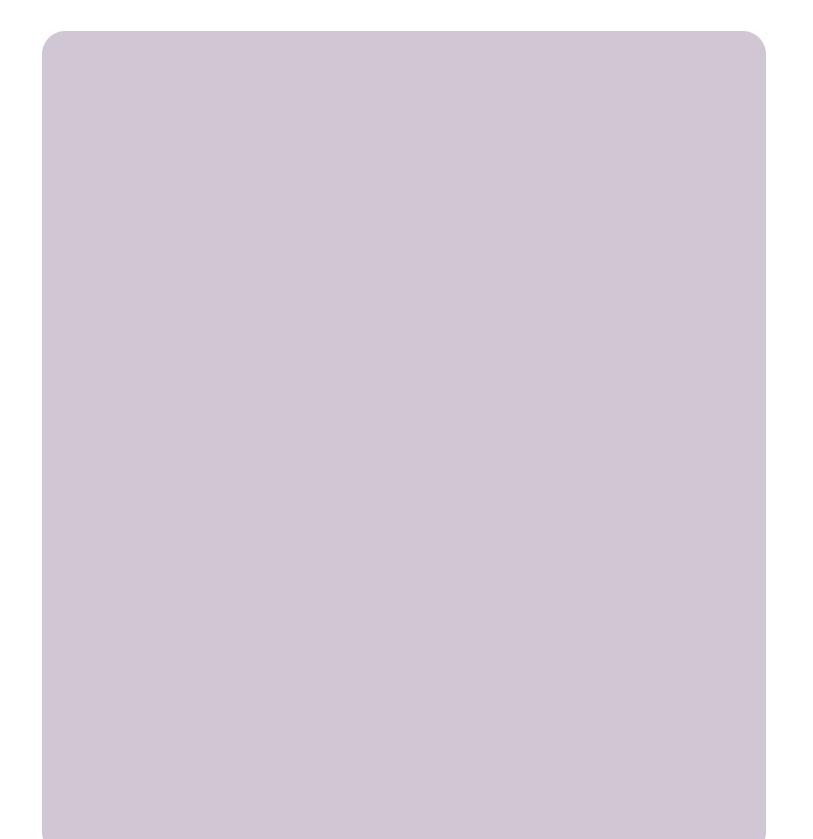






IN WHAT WAYS DID YOU PRACTICE SELF-CARE THIS YEAR? THE CONCEPT OF SELF-CARE INVOLVES CARING FOR YOURSELF PHYSICALLY, EMOTIONALLY, SPIRITUALLY AND MENTALLY. DO YOU FEEL YOU TOOK ADEQUATE TIME IN MEETING YOUR OWN PERSONAL NEEDS THIS YEAR? HOW CAN YOU CONTINUE ON THAT PATH OR IMPROVE IT FOR NEXT YEAR?





IF YOU COULD CHANGE JUST ONE THING ABOUT THIS PAST YEAR, WHAT WOULD IT BE? USE THIS KNOWLEDGE AS A FOUNDATION IN CRAFTING NEXT YEAR'S PERSONAL DEVELOPMENT PLAN.

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