Yearly Review

WHAT ARE YOUR SUCCESSES FROM THE PAST YEAR

WHAT DID YOU LEARN?

WHAT ARE YOUR FAILURES FROM THE PAST YEAR

WHAT DID YOU LEARN?

WHAT IS ONE THING YOU ARE MOST PROUD OF FROM THE PAST YEAR?
WHAT IS ONE THING YOU MOST REGRET FROM THE PAST YEAR?

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to really think about the past year, but it will be worth it.

try to avoid what didn't.

You will certainly learn some things about who you are and what you're capable of. you might learn as much from your failures as you do your successes. You can double down on what worked and

Your Ideal Year



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Prepare for the Year Ahead

DO YOU NEED TO UPGRADE YOUR SKILLS?	
WILL YOU NEED ANY PHYSICAL GOODS LIKE MONEY OR TOOLS?	
IS THERE ANYONE YOU CAN LEAN ON FOR SUPPORT?	



Goal Breakdown



YOUR GOAL:

DEADLINE:

WHY YOU WANT THIS:

PEOPLE THAT CAN HELP YOU:

BREAKDOWN YOUR GOAL INTO SMALLER STEPS:

- 1.
- 2.
- 3.
- 4.
- 5.

REWARD FOR WHEN YOU REACH YOUR GOAL:

Goal Check-ins



YOUR GOAL:

TWO-WEEK CHECK-IN

WHAT'S WORKING?

WHAT ISN'T WORKING?

WHAT ADJUSTMENTS NEED TO BE MADE?

ONE MONTH CHECK-IN

WHAT'S WORKING?

WHAT ISN'T WORKING?

WHAT ADJUSTMENTS NEED TO BE MADE?